

- PSHE is taught in line with National Curriculum Framework expectations and guidance from the PSHE Association. At Aspire we use the 3Dimension PSHE Programme for guidance and planning and Twinkl Life for additional resources and to aid planning.
- Lessons are planned to cover all aspects of the PSHE curriculum through 3 underlying core themes; Health and Wellbeing, Relationships and Living in the wider World.
- Our PSHE Curriculum enables us to support children's spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life in Modern Britain
- The 3D Scheme/Twinkl Life provides Teachers with a planned structure to follow but also enables lessons to be delivered off plan to meet a particular need or work on a particular issue that may have arisen for the children in their class. Lessons can be linked to the termly topic theme or a special day eg. Safer Internet Day, Mental Health Week, Careers Week, Friendship day, NSPCC Days etc.
- Lessons will be differentiated within the classroom to ensure that the learning is related to children's individual needs and understanding.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle 1 Year 2021-22	Relationships - 1. Communication Twinkl Life Unit: TEAM	Health & Wellbeing - healthy Lifestyles Twinkl Life Unit: It's My Body	Living in The Wider World: Diversity Twinkl Life Unit: Diverse Britain	Health & Wellbeing - Safety Twinkl Life Unit: safety First	Living In the Wider World - Communities around the world Twinkl Life Unit: Aiming High	Relationships Feelings Twinkl Life Unit: Be Yourself
Cycle 2 Year 22-23	Relationships - Families Twinkl Life Unit: VIPs	Living in The Wider World - Communities Twinkl Life Unit: One world	Health & Wellbeing - Feelings Twinkl Life Unit: Think Positive	Relationships - Online safety Twinkl Life Unit Digital Wellbeing	Living in The Wider World - Money Twinkl Life Unit Money matters	Health & Wellbeing - Growing Up Twinkl Life Unit Growing Up

The plan above provides a structure to ensure all aspects are covered. Teachers may plan individual lessons or series of lessons to immediately address concerns around risks specifically relating to the children in their class. Units are in place for KS1, Lower Key Stage 2 and Upper Key Stage 2. Teachers will plan lessons that use the appropriate phase to meet the needs of the children in their class.

